

Find a quiet spot where you won’t be disturbed. Write a description of your vision for ten years from the present day. Allow yourself to dream.

Be as detailed as possible about your personal and professional life.



Are You Ready to be Mentored?

**Final Steps in Self-Evaluation**

1. Why do you think you need a mentor?
2. What do you need, want, and expect from a mentoring relationship?
3. What kind of relationship would help you best?

**Do You Have What It Takes to be Mentored?**

Be honest. Are you:

* Open and flexible?
* Resilient?
* Ready to be challenged?
* Eager and committed to learning?

If you need to work on some of these attributes, don’t fret. Reach out for help.